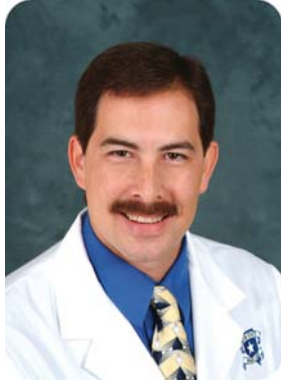




# Meet Our Doctors

We are Medical Doctors that specialize in Non-Operative treatments of Back Pain, Neck Pain, and Carpal Tunnel Syndrome. Our specialty training is in Physical Medicine & Rehabilitation (PMR).



Forrest Burke, MD

Dr. Burke grew up in the Reno-Sparks area. After his specialty training in PMR, he returned home to begin practicing in 1999. He lives in Sparks with his wife and two children.

### Education

Reed High School, Sparks  
Biochemistry Degree, UNR  
Medical Degree, UNR  
Specialty Training, CO



Andrea Tatro, MD

Dr. Tatro grew up in San Diego, CA. After her specialty training in PMR, she joined the practice in 2007. She lives in Sparks with her husband and two children.

### Education

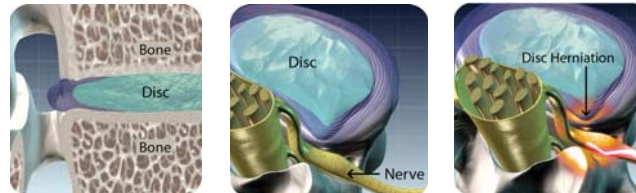
Biology Degree, USD  
Magna Cum Laude  
Medical Degree, Creighton  
Specialty Training, MN



## Why Does My Back or Neck Hurt?

The most common causes of pain after 3 - 4 weeks are:

- Myofascial Pain Syndrome
  - Ongoing spasms of muscles
- Inflamed Facet Joints
  - Localized pain in back or neck
- Inflamed Sacroiliac (SI) Joints
  - Pain in back, buttocks, even down legs
- Spinal Stenosis
  - Pain or numbness in legs with walking
- Disc Herniation
  - Pain with sitting or bending
- Inflamed Nerve Roots
  - Pain or numbness in legs or arms



## Why Do My Hands Fall Asleep?

Carpal Tunnel Syndrome (CTS) is the most common cause. Symptoms include:

- Pain or numbness in the hands
- Pain going up the forearms to shoulders
- Pain or numbness while driving or bike riding due to vibration
- Loss of fine motor skills such as writing
- Loss of hand grip strength such as holding items or buttoning pants or shirts

The first three or four fingers are affected by compression of the Median Nerve in the wrist.



*Proven Solutions  
with a Gentle Touch™*

*Non-Operative  
Spine Specialists™*

*Learn more at  
SilverStateSpine.com*



# Our Philosophy

We believe that the body is made to heal itself and that our role is to discover the cause of your pain so we can help remove the barrier to your healing.

The first step is a comprehensive, specialized evaluation to create a list of likely causes. Then testing proceeds in a step by step fashion to isolate and confirm the cause of your pain.

Once the cause is isolated, then treatments can work to help your body heal. Physical therapy or chiropractic care can work to resolve any residual pain and help you return to the activities you enjoy.

80% of people get better with Non-Operative medical treatments, and can Avoid Surgery.

However, if you do not get better with Non-Operative treatments, we can complete EMG nerve tests and other tests to help you decide if a surgical referral would be beneficial for you.

“We believe in treating patients the way we would want to be treated as a patient”

*Helping Patients Heal  
and Avoid Surgery*

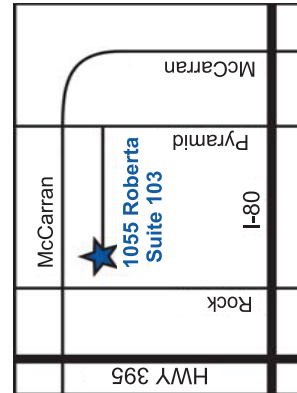
We accept auto insurance,  
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and group health.

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## Non-Operative Medical Specialists

### Back Pain

### Neck Pain

### Carpal Tunnel Syndrome